

Social Skills Outside Practice Record

Solving Problems

The steps are:

Step 1. Define the problem.

Step 2. Use brainstorming to generate a list of possible solutions.

Step 3. Identify the advantages and disadvantages of each solution.

Step 4. Select the best solution or combination of solutions.

Step 5. Plan how to carry out the best solution.

Step 6. Follow up the plan at a later time.

Name:_____ **Date Assigned:**_____

Person Assisting with Outside Practice:

Skill Being Practiced:

Brief description of assignment (my plan):

Date practiced:_____ **Location:**_____

Briefly describe what took place:

How effective were you at using the skill during the outside practice? Please check one:

- ☐ 1. not at all effective
- ☐ 2. a little effective
- ☐ 3. moderately effective
- ☐ 4. very effective

___5. highly effective